

## LITANY OF THE ASCENSION

A Biblical and Liturgical Litany by Martin Pender, May 2020

Jesus has risen from the dead.	He is truly risen, Alleluia.
The Lord has ascended into heaven.	He will return in glory.
He is seated at the right hand of the Father.	He will return in glory.
Lord, have mercy on us.	Lord, have mercy on us.
Christ, have mercy on us.	Christ, have mercy on us.
Lord, have mercy on us.	Lord, have mercy on us.
Ascended Jesus, King of glory,	have mercy on us.
Ascended Jesus, Prince of peace,	have mercy on us.
Ascended Jesus, Lord of life,	have mercy on us.
Ascended Jesus, Sovereign of Salvation.	have mercy on us.
Jesus, seated at the right hand of the Father,	have mercy on us.
Jesus, adored by the angels in heaven,	have mercy on us.
Jesus, worshipped in the Holy Eucharist,	have mercy on us.
Jesus, loved by those who search for truth,	have mercy on us.
Jesus, served by those with contrite hearts.	have mercy on us.
Victorious Saviour, High-Priest of the Eternal Covenant,	have mercy on us.
Victorious Saviour, Author of eternal salvation,	have mercy on us.
Victorious Saviour, Apostle of our profession,	have mercy on us.
Victorious Saviour, Fountain of salvation,	have mercy on us.
Victorious Saviour, Heir of all things,	have mercy on us.
Victorious Saviour, Alpha and Omega,	have mercy on us.
You who opened the kingdom of God,	have mercy on us.
You who redeem those who come through you,	have mercy on us.
You who promised to give us what we ask in your name,	have mercy on us.
You who ascended to the heavenly realms,	have mercy on us.
You who have gone to prepare a place for us,	have mercy on us.
You who will come in glory	
to judge the living and the dead,	have mercy on us.
You who want us to be where you are.	have mercy on us.
Judge of the world,	have mercy on us.
Lord of hosts,	have mercy on us.
Conqueror of sin and death,	have mercy on us.
King of glory,	have mercy on us.

Mediator between God and man,  
Desire of the nations,  
The Consolation of Israel,  
The Beginning of God's Creation.

have mercy on us.  
have mercy on us.  
have mercy on us.  
have mercy on us.

The Head has gone before us in glory,  
The Body is called to follow in hope,  
Our nature is united with Christ,  
He has not distanced himself from our lowly state,  
We must follow in the Saviour's footsteps,  
He remains with us through the power of the Comforter,  
We shall all stand before the Father and rejoice forever,  
All power in heaven and earth has been given to Jesus,  
By keeping his commandments we remain in his love,

come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.  
come, Lord Jesus.

That we may become heirs to an eternal inheritance,  
That we may be sharers in Christ's divinity,  
That we may receive the gift of redemption and adoption,  
That we may acquire everlasting freedom,  
That we may rejoice with devout thanksgiving,  
That we may approach God's throne of grace  
    with confidence,  
That we may obtain mercy from the Eternal High-Priest,  
That our hearts may long for our heavenly homeland,  
That our hearts may be filled with holy joys,  
That we in spirit may dwell already in heavenly realms,

graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.  
graciously hear us, O Lord.

℣. God has gone up with shouts of joy.

℟. The Lord ascends with trumpet blast.

*Let us pray*

Heavenly Father, before his Ascension into heaven your beloved Son commissioned his disciples to be his witnesses to the ends of the earth.

Filled with your Holy Spirit, inspire us, your disciples in this present age, to spread your Gospel message with prudence and joy according to your will for us.

Help us to seek what is above and to keep our minds fixed on the things of heaven.

We make this prayer through Our Lord Jesus Christ, your Son, who ascended into heaven to sit at your right hand

and who continually intercedes for us before your throne of mercy, and who lives and reigns with you, Father, in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.