

MORNING PRAYER

Every new day and all its events are gifts from God that will bring us closer to him.

1. BEGIN THE DAY WITH GOD

I begin this day
in the name of the Father ✠ and of the Son
and of the Holy Spirit.
Everything that happens me today
comes from your hand, O God.
You who are the Way, the Truth and the Life,
help me this day to walk the pathways of truth
that lead to life.
Amen.

2. WORSHIP GOD FIRST

I worship you, Lord God.
I thank you for creating me,
saving me through your grace
and keeping me safe this past night.
I offer you my prayer, my work,
my joys and my sufferings.
May your will be done this day
in the hearts of all who believe in you.
Keep me from sinning and from all evil,
and watch over me and those close to me,
today and every day.
Amen.

3. THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy Name.
Thy Kingdom come.
Thy will be done on earth,
as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil.
Amen.

4. THE INTERCESSION OF MARY

Hail Mary, full of grace.
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

5. GLORY TO THE HOLY TRINITY

Glory be to the Father,
and to the Son,
and to the Holy Spirit:
as it was in the beginning,
is now,
and ever shall be,
world without end.
Amen.

6. PRAYER TO MY PATRON SAINT

O my heavenly Patron, in whose name I glory, pray
to God for me: strengthen me in my faith; establish
me in virtue; guard me in conflict; help me conquer
the evil foe and attain eternal glory with you before
the throne of God.
Amen.

7. MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I
offer you my prayers, works, joys, sufferings of this
day, in union with the Holy Sacrifice of the Mass
throughout the world. I offer them for all the inten-
tions of your Sacred Heart; the salvation of souls,
the reparation for sin, the reunion of Christians; and
in particular for the intentions of the Holy Father
this month.

8. BIBLE VERSE

In the morning satisfy us O Lord with your unfailing
love, that we may sing for joy and be glad all our
days. (Psalm 90:14)

9. PRAYER TO MY GUARDIAN ANGEL

O Angel of God, my Guardian dear, to whom God's
love commits me here, ever this day be at my side,
to light and guard, to rule and guide. Amen.

10. BLESSING

May the Father, who created me, bless me.
May the Son, who died for me, protect me.
May the Spirit, who lives in me, guide me.